



American Hindu Association

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HINDU CONNECTIONS

June, 2009

AHA Bala Gokulam Fun Fest



The Bala_Gokulam Kids Fun Mela and Art Contest held on June 13th was a success at the Hindu Temple and Cultural Center located at 2138 S Fish Hatchery Road. There were about 30 kids who participated in the various activities. The Art contest went very well and we would like to thank the Judges for the art contests - Kamlesh Saini, Dr. Balachandran and Lalitha Swaminathan. There were several prizes that were given out based on 3 different age levels (below 5, 5-8 yrs, above 8), 1st prize - a gift card from Michael's Craft Store, 2nd prize - a box of stamp markers. In the end, all the children received a box of markers for their participation from AHA. The children had a variety of games and activities to take part in - hula hoop lessons, mehendi drawing, face painting and some enjoyed helping out in the flower garden. We ended the event by playing a game of Bingo but not before the children had a chance to sample the tasty snacks and enjoy a bowl of ice-cream and

popsicles. Please check the link for more pictures:
www.americanhindu.net/AHA/2009JuneFunFest.doc .

Dear Devotees,

American Hindu Association needs volunteers to improve its lawn and gardens at the Hindu Temple and Cultural Center's site located at 2138 South Fish hatchery Road, Fitchburg, WI. This may involve mowing grasses, clearing bushes, cutting small branches of trees, general cleaning, etc. If interested, please forward your name, telephone number to us and time slots in which you are available to participate in the volunteering activities. This would be an ideal opportunity for middle and high school students in getting some volunteering experience and making valuable contributions in this community work. AHA would greatly appreciate your participation in the volunteering activities. Thank you very much for your participation in the above activities.

AHA Board

FISH HATCHERY ROAD CONSTRUCTION

Fish Hatchery Road between Lacy Road & Shamrock Lane is closed.

Direction to the Temple:

From Beltline ~ Take South Fish Hatchery Rd ~ Pass Hwy PD, Turn right onto Lacy Rd (**Go 1 mile**), Turn left onto Mutchler Rd, Turn left onto Whalen Rd, Turn right onto South Fish Hatchery Rd and after Vineyard Rd take left turn to 2138 .

From West Beltline and HWY PD (McKee Rd) ~ Take Verona Rd Turn Left onto **HWY PD (McKee Rd)** Turn right onto South Seminole Hwy, Turn left onto Whalen Rd, Turn right onto South Fish Hatchery Rd and after Vineyard Rd take left turn to 2138 .

From East Beltline~ Take exit for Rimrock Rd and turn left onto Rimrock Rd After few miles it become Oregon Rd. Keep left and continue on Oregon Rd. Turn right into Irish Ln. Turn left onto Caine Rd. Turn right into Whalen Rd. Turn left onto South Fish Hatchery Rd and after Vineyard Rd take left turn to 2138

http://www.americanhindu.net/AHA/Fish_Hatchery_Rd.pdf

GEMS FROM THE BHAGVAD GEETA

This is a series of extracts from the Sri Bhagavada Geeta (The Divine Song). The Bhagavada Geeta is said to be the essence of all the Vedas and Upanishads. It's teachings are as relevant today as they were when the Lord, Sri Krishna, expounded to prince Arjuna on the sacred battle field of Kurukshetra thousands of years ago. While it is impossible to do justice to a profound work such as this in a newsletter, in each edition we present a few randomly chosen set of couplets and their brief meaning. We

hope it enriches your life and helps you find a balance between your material and spiritual journey.

Ch6: Couplet # 26

yato yato niscalati manas cancalam asthiram
tatas tato niyamyaitad atmany eva vasam nayet
From wherever the restless and unsteady mind wanders away, from there one must restrain it and bring it back under the control of the self.

Ch6: Couplet # 27

prashanta-manasam hy enam yoginam sukham uttamam
upaiti santa-rajasm brahma-bhutam akalmasam
The Yogi with a calm mind, whose passions are subdued, and who is without sin attains great happiness.

Ch6: Couplet # 28

yunjann evam sadatmanam yogi vigata-kalmasah
sukhena brahma-samsparsham atyantam sukham asnute
The Yogi who is sinless, thus connecting his soul with the Almighty, easily enjoys, the highest stage of perfect happiness to the Lord.

Ch6: Couplet # 29

sarva-bhuta-stham atmanam sarva-bhutani catmani
iksate yoga-yuktatma sarvatra sama-darshanah
The impartial Yogi, whose mind is steeped in Yoga, observes himself being present in all beings and all beings present within his self.

Ch6: Couplet # 30

yo mam pasyati sarvatra sarvam ca mayi pasyati
tasyaham na pranasyami sa ca me na pranasyati
He who always sees me everywhere and sees all the world in Me, I am never out of sight for Him and he never out of sight of Me.

Ch6: Couplet # 31

sarva-bhuta-sthitam yo mam bhajaty ekatvam asthitah
sarvatha vartamano 'pi sa yogi mayi vartate
The Yogi who is in oneness with Me, worships me with full devotion, in whatever state he may be in, that yogi remains in me always in all circumstances.

Ch6: Couplet # 32

atmaupamyena sarvatra samam pasyati yo 'rjuna
sukham va yadi va duhkham sa yogi paramo matah
O Arjuna! The devotee of God, who regards happiness and sorrows of other beings in equality with the pleasure and pain of his own self, is regarded as a supreme.

Amit Mangar ~ Editor American Hindu Association

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